

### **Basic Parachutist Course (Para)**

Cadets must participate in the para selection weekend in Edmonton, AB prior to selection for this course. This weekend will be conducted 11-13 Feb 2017 and applications are due in Fortress 15 January.

Cadets will participate in instruction including flight procedures, onboard aircraft drills, landing, and equipment. During the course, physical training activities are usually scheduled in the morning and in the afternoon of each day, however, the entire course is physically demanding so a high level of fitness and endurance is required. If successful in all testing, cadets will complete the Jump Stage (J-Stage) which includes five successful jumps, with a minimum of 1 night jump all at a maximum altitude of 1250 ft (381 m).  
**Duration:** 6 weeks.

**Location:** Trenton, ON.

**Age:** 16 y/o before July 1 of the year of the course.

**Star Level:** Gold Star.

**CTC:** Previous 6 week course.

**Medical:** Meet the criteria described in CATO 42-05.

**Fitness Level:** Applicants are to successfully achieve the standard of fitness outlined in CATO 42-05.

Run: 1.6 km in a max of 7 min and 30 sec.

Sit-ups: 31 consecutive.

Chin-ups: 7 consecutive.

### **Advanced Training - Staff Cadet**

Cadets interested in applying for Staff Cadet positions must be 16 by 1 January of the year of the summer training opportunity and cannot turn 19 before the last day of summer training. Prerequisites for SCdts are outlined in CATO 13-28. All cadet qualifications found in Fortress are used for SCdt selection including current fitness qualification, NSE points, first aid, etc.

Applications are due 1 February.

### **Additional Information**

\*Due to recent legislation in England, International Exchanges are limited to a maximum age of 17. Further information can be found in the Interim Policy to amend CATO 40-01 and CATO 42-05.

More information on Advanced Training, Senior Courses and Exchanges can be found in the annexes

of CATO 42-05. Information on Staff Cadets can be found at CATO 13-28.

Note: Training locations are determined by the annual billet allocation released by Natl CJCR Sp Gp and are subject to change.

**Remember: Submitting an application for summer training does not mean that you will be selected. Only one third of all army cadets will be selected for summer training. Priority is given to cadets with excellent participation and attendance.**



***What should I  
apply for this  
summer?***

**Your guide to  
2018 Army Cadet  
Advanced Summer  
Training Courses**



## Advanced Training Courses

### Leadership and Challenge Course (LCC)

Cadets will be provided a unique advanced leadership and challenge development activity to prepare them to accept the responsibilities of leaders at the Cadet Corps and at Cadet Training Centres. Cadets will be exposed to the following training in the pursuit of course objectives: drill, bushcraft, map and compass, leadership, citizenship, physical fitness, first-aid, canoeing, kayaking, rock climbing, glacier, hiking, mountain biking, search and rescue, and horseback riding.

**Duration:** 6 weeks.

**Location:** Rocky Mountain CTC (Ghost River, AB)

**Star Level:** Gold Star.

**CTC:** Previous 6 week course.

**Cadet Fitness Assessment Incentive Level (CFAIP):** Bronze, Must be prepared to participate in water activities while wearing a PFD.

### Fullbore Marksman – Phase 2

Based on the training resulting from this course, the cadet will achieve the Fullbore Marksman Phase 2 qualification and will further develop specialist skills and knowledge that will allow them to compete as an individual in a fullbore marksmanship competition. This qualification is the second phase in the preparation and selection of cadets for competitive fullbore marksmanship at an international level.

**Duration:** 6 weeks.

**Location:** Connaught CTC (Connaught, ON)

**Star Level:** Gold Star.

**CTC:** Priority will be given to cadets who have been identified from their successful completion of the Fullbore Marksman, Phase 1 Course.

### Military Band - Advanced Musician (MB-AM)

Cadets will be taught the knowledge and skills required of a Military Band Instructor, will be provided with an opportunity to develop their instructional skill and style, and to train as musicians capable of playing and leading in a unit band.

Cadets will receive training in the following subject matters: instrument maintenance, music theory, rhythm and aural skills, scales and rudiments, sight-reading, level music, leadership, drill and ceremonial,

ensemble music, band history, drill instruction, private music lessons.

**Duration:** 6 weeks.

**Location:** Vernon CTC (Vernon, BC).

**Star Level:** Gold Star.

**Music Proficiency Level:** Preference will be given to cadets that have achieved Level 2.

### Pipe Band - Advanced Musician (PB-AM)

Cadets will be taught the knowledge and skills required of a Pipe Band Instructor, will be given an opportunity to develop their instructional skill and style, and to train as musicians capable of playing and leading in a corps band.

Cadets will receive training in the following subject matters: instrument maintenance, music theory, rhythm and aural skills, scales and rudiments, sight-reading, level music, leadership, drill and ceremonial, ensemble music, band history, drill instruction, private music lessons.

**Duration:** 6 weeks.

**Location:** Rocky Mountain CTC (Ghost River, AB)

**Star Level:** Gold Star.

**Music Proficiency Level:** Preference will be given to cadets that have achieved Level 3.

## Senior Courses and Exchanges

Starting in Summer 2017, the management of the Army Cadets International Exchanges in the United Kingdom (UK) will be amended to improve the Royal Canadian Army Cadets (RCAC) training experience and to maximize the use of resources. The 60 RCAC and six CIC Officers that would have previously been divided in three smaller exchanges (Outward Bound Scotland (OBS), Outward Bound Wales (OBW) and Maple Leaf Exchange (MLE)) will be merged into one group, under the name of Maple Leaf Exchange.

### Maple Leaf England (MLE)

Cadets will take part in an exchange program in England for training and cultural exchange. During the training phase, cadets can spend time with battalions of the Army Cadet Force (ACF) and/or the Combined Cadet Force (CCF), taking part in their annual summer concentrations. The cadets will also take the cadet leadership course taught at Cadet Training Centre Frimley Park in Surrey. During the adventure training

portion, the cadets will participate in a series of adventure type activities. The cultural portion may include visits to English historical and cultural sites, a stay in London that includes visits to sites of national importance, and a visit to Vimy Ridge and Beaumont-Hamel in France.

**Duration:** 6 weeks.

**Location:** Connaught, ON and Scotland.

**Age:** 16 y/o before July 1 of the year of the course and max 17 y/o\*.

**Star Level:** Gold Star.

**CTC:** Previous 6 week course.

**Cadet Fitness Assessment Incentive Level (CFAIP):** Bronze.

**Language:** Functional English.

### RCAC National Rifle Team

To provide cadets the opportunity to compete in national/international large bore rifle competitions, to introduce cadets to the British Army Cadet training program and to participate in cultural activities.

**Duration:** 8 weeks.

**Location:** Connaught, ON and Bisley, England.

**Star Level:** Gold Star.

**CTC:** Cadets are prioritized from previous Fullbore Marksman - Phase 2.

**Cadet Fitness Assessment Incentive Level (CFAIP):** Bronze.

**Language:** Functional English.

### Army Cadet Voyage in History Tour

Cadets will attend a tours of battle fields in Europe as well as conduct cultural activities.

**Duration:** 5 weeks.

**Location:** Various TBD.

**Age:** 16 /o before July 1 of the year of the course.

**Star Level:** Gold Star.

**CTC:** Previous 6 week course.

**Cadet Fitness Assessment Incentive Level (CFAIP):** Bronze.

**Language:** Functional English.

**Preferred age group:** 16–17 y/o.