

3016 RCACC Master Training Plan

			Green Star		Red Star		Silver Star		Gold Star		Master Cadet	
DATE	PERIOD	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	PO/EO	SUBJECT / EO PERFORMANCE STATEMENT	
6-Mar-18	1 19:10 - 19:40	C-108.01d	Drill - Execute Supplementary Drill Movements.	M-223.02	Hiking & Trekking - Identify Hiking/Trekking Associations	C-309.03a	Instructional Techniques - Instruct a 15-Minute Lesson	C-409.05a	Instructional Techniques - Act as an Assistant Drill Instructor			
			Instructor	WO. West	Instructor	WO. Whitrick	Instructor	Lt. Lanoway	Instructor	Capt. Wood	Instructor	
			Location	PARADE SQUARE	Location	CLASSROOM 2	Location	CLASSROOM 3	Location	CLASSROOM 4	Location	
	2 19:50 - 20:20	C-307.03a	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker from the Army Cadet League of Canada (ACLC)	M-222.03	Navigation - Identify Compass Parts	C-309.03b	Instructional Techniques - Instruct a 15-Minute Lesson	C-409.05b	Instructional Techniques - Act as an Assistant Drill Instructor			
			Instructor	Capt. Barton	Instructor	Sgt. Legacy	Instructor	Lt. Lanoway	Instructor	Capt. Wood	Instructor	
			Location	GUEST SPEAKER	Location	CLASSROOM 2	Location	CLASSROOM 3	Location	CLASSROOM 4	Location	
	3 20:40 - 21:10	C-307.03b	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker from the Army Cadet League of Canada (ACLC)	C-208.02g	Drill - Execute Drill With Arms	C-309.03c	Instructional Techniques - Instruct a 15-Minute Lesson	C-409.05c	Instructional Techniques - Act as an Assistant Drill Instructor			
			Instructor	Capt. Barton	Instructor	Sgt. Sigler	Instructor	Lt. Lanoway	Instructor	Capt. Wood	Instructor	
			Location	GUEST SPEAKER	Location	PARADE SQUARE	Location	CLASSROOM 3	Location	CLASSROOM 4	Location	
13-Mar-18	1 19:10 - 19:40	C-108.01a	Drill - Execute Supplementary Drill Movements.	M-222.01a	Navigation - Review Green Star Navigation	C-308.01f	Drill - Execute Flag Drill	M-403.03a	Leadership - Motivate Team Members			
			Instructor	CWO. Kieswetter	Instructor	WO. Whitrick	Instructor	WO. Hale	Instructor	WO. Lam	Instructor	
			Location	PARADE SQUARE	Location	CLASSROOM 2	Location	PARADE SQUARE	Location	CLASSROOM 4	Location	
	2 19:50 - 20:20	C-108.01c	Drill - Execute Supplementary Drill Movements.	M-222.01b	Navigation - Review Green Star Navigation	M-309.05a	Instructional Techniques - Select Appropriate Instructional Aids	M-403.03b	Leadership - Motivate Team Members			
			Instructor	CWO. Kieswetter	Instructor	WO. Whitrick	Instructor	WO. Aldred	Instructor	WO. Lam	Instructor	
			Location	PARADE SQUARE	Location	CLASSROOM 2	Location	CLASSROOM 3	Location	CLASSROOM 4	Location	
	3 20:40 - 21:10	C-107.04	General Cadet Knowledge - Establish a Full value Contract	C-208.02f	Drill - Execute Drill With Arms	M-309.05b	Instructional Techniques - Select Appropriate Instructional Aids	C-208.02c	Drill - Execute Drill With Arms			
			Instructor	Sgt. Philpott	Instructor	Sgt. Sigler	Instructor	WO. Aldred	Instructor	WO. Lam	Instructor	
			Location	CLASSROOM 1	Location	PARADE SQUARE	Location	CLASSROOM 3	Location	PARADE SQUARE	Location	

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20-Mar-18	1 19:10 - 19:40	M-104.03a	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-204.03a	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-304.03a	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-404.03a	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-504.01d	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness
	Instructor		Fitness Night	Instructor	Fitness Night	Instructor	Fitness Night	Instructor	Fitness Night	Instructor	Fitness Night
	Location		GYM	Location	GYM	Location	GYM	Location	GYM	Location	GYM
	2 19:50 - 20:20	M-104.03b	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-204.03b	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-304.03b	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-404.03b	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-504.01e	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness
	Instructor		Fitness Night	Instructor	Fitness Night	Instructor	Fitness Night	Instructor	Fitness Night	Instructor	Fitness Night
	Location		GYM	Location	GYM	Location	GYM	Location	GYM	Location	GYM
	3 20:40 - 21:10	M-104.03c	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-204.03c	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-304.03c	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-404.03c	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-504.01f	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness
	Instructor		Fitness Night	Instructor	Fitness Night	Instructor	Fitness Night	Instructor	Fitness Night	Instructor	Fitness Night
	Location		GYM	Location	GYM	Location	GYM	Location	GYM	Location	GYM
27-Mar-18	1 19:10 - 19:40	M-102.01a	Community Service - Perform Community Service	M-202.01a	Community Service - Perform Community Service	M-302.01a	Community Service - Perform Community Service	M-402.01a	Community Service - Perform Community Service		
	Instructor		Capt. Barton	Instructor	Cl. Hale	Instructor	Lt. Lanoway	Instructor	Capt. Wood	Instructor	
	Location		TBD	Location	TBD	Location	TBD	Location	TBD	Location	
	2 19:50 - 20:20	M-102.01b	Community Service - Perform Community Service	M-202.01b	Community Service - Perform Community Service	M-302.01b	Community Service - Perform Community Service	M-402.01b	Community Service - Perform Community Service		
	Instructor		Capt. Barton	Instructor	Cl. Hale	Instructor	Lt. Lanoway	Instructor	Capt. Wood	Instructor	
	Location		TBD	Location	TBD	Location	TBD	Location	TBD	Location	
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	Instructor		Capt. Barton	Instructor	Cl. Hale	Instructor	Lt. Lanoway	Instructor	Capt. Wood	Instructor	
	Location		TBD	Location	TBD	Location	TBD	Location	TBD	Location	